According to **POTS Theory of Change**, individuals and families can move from crisis to stability and, ultimately, self-sufficiency if they have access to resources, programs, and services that bolster stability in the areas of:

**Financial, Health, Education, Housing, & Day-to-Day**

- **Financial**
  - Increasing financial assets including income, public benefits, food, clothing, and other material goods ensures that clients have the resources to support their stability.

- **Health**
  - Providing access to health care and preventive services stabilizes health concerns and improves clients’ quality of life.

- **Education**
  - Supporting educational aspirations for clients and their children increases their ability to achieve and maintain stability and self-sufficiency.

- **Housing**
  - Maintaining safe and stable housing provides clients’ and their families’ safety, peace of mind, and pathways to move forward.

- **Day-to-Day**
  - Ensuring uninterrupted access to hygiene, grooming, and communication tools is essential to providing a stable and functional life for our clients.

**Part of the Solution**

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