Return to Zero: HOPE is a national non-profit organization that provides holistic support, resources, and community for all people who have experienced unimaginable loss during the journey to parenthood.

M I S S I O N

RTZ HOPE is a non-profit organization engaging a global community of bereaved parents and their health providers to improve mental health outcomes, while also advancing pregnancy and infant loss awareness, education, and support.

V I S I O N

Every family experiencing pregnancy and infant loss will have access to resources, social support, and informed professional care to empower families to live a meaningful and hopeful life.

V A L U E S

Diversity, Equity, Inclusion
Trauma-Informed Care
Collaborative Leadership
"The RTZ support group was beyond transformative. Connecting with other loss parents in a safe, non-judgmental space was hugely helpful to me in my grief journey. I found a place where my loss was validated and honored, and I learned that I am not alone."

Jen, mother to Chiara

"After my daughter was stillborn in 2014, I discovered RTZ HOPE and attended a retreat that transformed my healing journey and shaped how I parented my daughter after our loss, how my family and I carried our grief, and is still so much a part of how I process and honor our experience today. I cannot say enough about the RTZ HOPE team's incredible work, and how critical it is in serving our communities."

Nicole, mother to Olivia

"I know what it feels like to be shattered into a million pieces after the devastating loss of a child. RTZ HOPE support groups are created with intention to allow for the complexity of emotions, thoughts, and beliefs that are unique to the baby loss experience. In this sacred space I have witnessed profound transformation in hearts and lives I wholeheartedly believe that through authentic support and a compassionate community bereaved parents can find hope and rediscover the courage within to pick up the pieces of their life."

Betsy Winter, Director of Community Support

"As a client-centered organization we recognize and understand how trauma impacts the physical, social, and emotional lives of the families we serve and those who facilitate our programs. We are guided by trauma-informed care principles and a collaborative leadership approach in everything we do. We also value diversity, equity, and inclusion, believing that everyone can contribute to the common good."

Kima Tozay
Chair, Board of Directors
BIPOC Initiative Facilitator
OUR PROGRESS
2020-2021 at a Glance

The last two years brought many unexpected challenges, but we have been inspired by the many ways the Return to Zero: HOPE community has continued to grow and support one another. Here is a glimpse of what we have accomplished together:

- offered $7,000 in scholarships to support group participants
- provided direct healing support for 300 bereaved families
- educated 1,000+ parents and providers through webinars
- distributed bereavement guides 5,000 to healthcare providers
- engaged nearly 1M people on social media
- enhanced the Grieving in the Black Community initiative
- launched an LGBTQ+ initiative
- translated materials for grieving parents into Spanish
# OUR FINANCES

## 2021 Financial Statement

### Revenue

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted contributions</td>
<td>$129,838</td>
</tr>
<tr>
<td>Program Income</td>
<td>$35,148</td>
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<tr>
<td>Other income</td>
<td>$2,404</td>
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<tr>
<td>In-kind contributions</td>
<td>$360</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$167,750</strong></td>
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</tbody>
</table>

### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payroll &amp; contractors</td>
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<tr>
<td>Website &amp; communication</td>
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<tr>
<td>Printing</td>
<td>$5,677</td>
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<tr>
<td>Postage &amp; shipping</td>
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<tr>
<td>Professional fees</td>
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<tr>
<td>Merchant processing fees</td>
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<tr>
<td>Supplies</td>
<td>$2,806</td>
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<td>Scholarship awards</td>
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<tr>
<td>Other expenses</td>
<td>$1,648</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$72,073</strong></td>
</tr>
</tbody>
</table>


OUR GOALS

2022-2023 Intentions

Looking ahead, we remain determined to change the culture around pregnancy and infant loss as we continue to serve bereaved parents and their providers. These intentions will guide our work.

- Recognize and respond to the needs of diverse communities.
- Amplify voices to challenge mindsets about pregnancy and infant loss.
- Increase knowledge and confidence in perinatal healthcare providers to better care for grieving parents.
- Empower bereaved parents with innovative opportunities for healing.
- Expand our community impact through advocates and ambassadors.
As we reflect on the last few years and make plans for the year to come, I am deeply grateful for everyone who has contributed their time, talent, and financial resources to help Return to Zero: HOPE fulfill our mission. Together we are improving mental health outcomes, while also advancing pregnancy and infant loss awareness, education, and support. None of this would be possible without countless donors, volunteers, and partners.

THANK YOU.

Kiley Krekorian Hanish, OTD, PMH-C
Founder and President

For a listing of community partners and major donors, please visit https://rtzhope.org/donors