

# Independence Through Grace

A Christian enrichment program enhancing the lives of adults with special needs.

March 2, 2020

Mr. Lucas Dobrzanski  
President  
Kern Athletic Fencing Foundation

Dear Lucas,

At its heart, Independence Through GRACE is about enriching the lives of adults living with disabilities ... so it is with deep gratitude that our participants are able to learn fencing because of Kern Athletic Fencing Foundation.

KAFF's generosity in providing this class allow us to carry out our mission of enabling our participants to gain respect, receive access, make connections and experience the world around them. We have noticed many benefits since attending fencing in December of 2019. GRACE participants love dueling each other and they laugh a lot! Additionally, they are learning social etiquette within a sport, developing listening skills and expanding cognitive skills. They are starting to think ahead about the next move and then following through to get the point. This takes strategy and instinct, which are complex thought processes. And, of course, they are getting great exercise as they improve!

Thank you for providing this opportunity for Independence Through GRACE participants.

Blessings & Grace



Catherine Waldon  
Co-Founder/President