



teens helping teens

ACCOLADES

EDUCATORS

“Undoubtedly, our students and community have benefited from Teen Line’s outreach educational services by reducing stigma around mental health. Accordingly, students’ help seeking behavior has shifted and have experienced an increase of self-referrals and by friends referring friends.” – School Social Worker

“Teen Line’s classroom presentations are not only a wealth of valuable information but also great resource for our students. Teen Line provides both emotional and mental health support and a safe space for our teens. We have had many of our students volunteer at Teen Line after hearing what the organization has to offer.” – Teacher

FIRST RESPONDERS/PROFESSIONALS

“Teen Line conducts its outreach to the cadet posts throughout the City to provide viable resources to youth struggling with a variety of teenage related issues. Over the past year, Teen Line connected with Youth Service Officers (YSOs) during seven separate instances where Cadet Program participants confided in their YSOs feelings of depression, suicide, or desire to self-injure. In each instance, Teen Line’s response was immediate, demonstrating the value of this partnership.” – Los Angeles Police Dept.

“Great speakers that give a valuable first-hand perspective.”-Attendee, LAPD Suicide Training

“Powerful message and game changing resources.” - Attendee, LAPD Suicide Training

“I really appreciated the learning strategies to get peer to peer groups going at the school level, as well as the resources that were provided.” – Attendee, LAUSD District Crisis Team Training

PARENTS

“If you are considering taking this class...it is probably because on some subconscious level, you know you need to. We all worry about our kids. I gained valuable information to become aware of warning signs and important tools about how to communicate with my teen. Very worthwhile!” – Parent Workshop Attendee

“I just want to thank you for allowing my daughter to be a part of such an amazing opportunity. She has learned so much both about others and herself. She has grown a great deal from training by hearing the experiences of other teens, by learning ways to console and ways of becoming an active listener. She has always been a thoughtful, kind person, but this program has given her a voice to ask for help when she needs it and the confidence to help others find their voice. Thank you!” - Parent of Teen Trainee



PARENTS, con't.

"In all sincerity, although our daughter has always been a great kid, when we were deciding whether to allow her to venture out on her own at such a young age, one of the things my husband said to me was that I shouldn't worry about her because she has been given the tools through Teen Line to handle just about any life situation imaginable. Teen Line has also really piqued her interest and curiosity in psychology, which she intends to study at college." – Parent of Teen Line listener

TEENS

"I picked up a knife with the intention of harming myself and thought of suicide all day. I didn't because of you guys, so thank you. I needed to talk to someone and you guys responded. I needed that." - Hotline caller, 15 years old

"Thank you so much for caring. Just the thought that someone out there who knows how I feel kind of calms me." – Hotline caller, 14 years old

"I was glad to learn that I wasn't the only one going through stuff." – Student attendee Community Outreach

"I liked how they showed all the different ways to relieve stress." – Student attendee Community Outreach

"The skills I have learned at Teen Line have made me much better equipped to deal with difficult situations in my own life...I can process my feelings much better by thinking about what I would say to a Teen Line caller." - Teen Line listener, 16 years old

"To work at Teen Line is an immense honor and privilege. We get to be there for people in the some of the hardest moments of their lives. They open up to us and we listen and do what we can to help them take care of themselves and find their way. It has shown me that if we all put in a little bit of effort to be there for one another, the world can begin to be a little bit brighter." – Teen Line listener, 17 years old

"Teen Line training was one of the most eye-opening experiences of my life. We delved deep into topics that I was scared to talk about, uneducated about, and unaware of. Through these discussions, I feel like I have become a more open-minded, self-aware person which in turn has helped me approach my friends and family with more empathy and understanding." – Teen Line listener, 16 years old

"Teen Line has shaped me in more ways than I am aware of. To think that the choice I made to join Teen Line my freshman year of high school would have such a lasting impact on my life is incredible." - Teen Line Alumni