These transformative programs would not be possible without the staff and services. Over the past year, we focused the community’s attention on residents of low-income neighborhoods, who bear a disproportionate share of health problems. In our report, Health and Social Inequity in Santa Clara County, completed by the Public Health Department, we worked with cities to build the health needs of communities into their green plans. We stepped up our advocacy for water foundation, so that everyone can enjoy clean water in Santa Clara County, we will be the beneficiaries of strong teeth.

And because of our Meals On Wheels program, more than 600 homebound seniors and disabled people received a hot meal and a warm smile every weekday, sometimes the only meal – and the only visitor – they had that day.

Looking around Silicon Valley, we are proud and grateful to see the impact that The Health Trust is having on the lives of our most vulnerable residents. With the support of our great partners, children in northern Santa Clara County now have affordable, state-of-the-art dental care because we opened the Children’s Dental Center of Sunnyvale. At our Family Resource Center gardens, parents and children are discovering together the satisfaction of growing and eating their own fruits and vegetables.

The county’s most fragile, chronically homeless people are being housed because Destination: Home, a program of The Health Trust, led the Housing 1000 campaign, the first homelessness registry in Santa Clara County. Low-income people living with HIV/AIDS are finding counselors, employment services, housing, process, and leadership, and are enjoying our newly remodeled Food Basket and Neil A. Christie Learning and Living Lounge.

And because of our Meals On Wheels program, more than 600 homebound seniors and disabled people received a hot meal and a warm smile every weekday, sometimes the only meal – and the only visitor – they had that day. At our Open Air Health Fair in October, more than 3,000 people with no other access to regular preventive care received free flu shots, health screenings and dental services. These transformative programs would not be possible without the staff and Board of the Health Trust. And our work would not be possible without the contributions of our community partners, our dedicated volunteers and our generous donors. Thanks to the investment by our individual, corporate, foundation and government supporters, we are advancing the causes of wellness and equity in Silicon Valley.
HEALTHY COMMUNITIES

FY 2011 Impacts

- 3,543 children were enrolled in health insurance, exceeding our goal.
- 2,072 low-income Latino and Vietnamese residents navigated the health care system with translation services, appointment coordination, transportation and childcare provided by The Health Trust.
- More than 3,000 people attended our Open Air Health Fair.
- 361 adults and 382 cardiovascular and diabetes screenings were administered.
- 823 clients were identified at risk for chronic diseases and referred to health care providers.
- 406 low-income HIV/AIDS clients received groceries each month.
- 135 individuals with HIV/AIDS were placed or maintained in stable housing.

The goal of The Health Trust’s Healthy Aging Initiative is to make Silicon Valley a place where people can age with dignity in their own homes even if they lack sufficient income or family support. We are leading a countywide effort to offer evidence-based wellness programs, support homebound seniors and family caregivers, and promote healthy living and civic engagement. In 2010:

- We provided leadership, training and advocacy through the Aging Services Collaborative of Santa Clara County, which consists of 87 organizations and 122 active individuals, including city and county agencies, faith-based and non-profit organizations, and other community advocates. Together with the ASCC, we led the Senior Nutrition Task Force, which called support to minimize budget cuts to senior nutrition programs.
- We launched the Silicon Valley Partnership for Healthy Aging, which promotes evidence-based programs in falls prevention and physical activity in conjunction with San Jose State University.
- With a grant from The SCAN Foundation and in partnership with Catholic Charities of Santa Clara County, we created AGEnts For Change, a program to engage seniors in social action to advocate for policies and services that will improve community care for seniors and their families.
- We developed the Senior Peer Advocates program, with a grant from Council on Aging Silicon Valley, to train volunteers to help seniors and their families find information and services they need.

HEALTHY LIVING

FY 2011 Impacts

- More than 47,000 pounds of fresh fruits and vegetables were produced for local consumption.
- 4,355 youth attended farm and garden field trips and 1,200 youth and adults attended garden/nutrition workshops conducted by the Silicon Valley HealthCorps, in partnership with The Health Trust, AmeriCorps and 11 local organizations.
- 44 percent of the youth said they increased their consumption of fruits and vegetables after attending the workshops.
- Five school gardens were built by local families under the direction of Silicon Valley HealthCorps members in San Jose, Sunnyvale, Mountain View and Gilroy. The school garden project is a part of FIRST 5 Santa Clara County’s Learning Together Initiative.
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In 2010, Santa Clara County’s population of adults over 65 will nearly double, reaching close to 300,000. These seniors will live longer than their parents, and they will need more assistance to remain healthy and independent.

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The Health Trust joined the fight against obesity four years ago, and we understand that this is a multi-faceted problem. Our approach is to focus on specific strategies that we know will reduce obesity rates in our community: increasing access to fresh fruits and vegetables and promoting physical activity.

Through programs, grassroots and advocacy, our Healthy Living Initiative is addressing obesity in our most impacted neighborhoods. We have built community and school gardens to teach families in low-income neighborhoods the value of eating more fresh fruits and vegetables. We have persuaded cities to include urban agriculture, healthy food retailers and safe places to exercise in development plans. And we have laid the groundwork for a public policy campaign to eliminate food deserts in San Jose.