Thank you for your continued support. We hope you will read the next few pages and come away with a sense of enormous help we deliver sustainable, positive change across diverse communities in Silicon Valley.

None of these accomplishments would be possible without the foundation and government supporters, our deepest thanks. Your faith in our vision of aging and builds an effective delivery system; we are striving to have more older adults engage in evidence-based physical activity; and we aim to see more older adults able to remain in their homes because they are receiving effective nutrition and care services. In Healthy Communities, our five year horizon will include more people with chronic conditions participating in effective self-management classes; an increased number of low-income residents appropriately utilizing free or low-cost health and wellness services; and more children receiving nutrition services, including fruit and vegetable, with a resulting reduction in dental caries.

The data presented within this Annual Report reflects real incremental progress toward these crucial outcomes. We are proud of our success, but the success is made even more meaningful because we have not achieved it alone. We achieved the grants in large part because we spent time developing innovative and sometimes unmentioned partnerships. We initiated the balanced- ing idea of the Silicon Valley Health Trust who believed in our vision, as part of an expansive partnership between The Health Trust, AmeriCorps and 10 local organizations to bring fresh fruits to families in East San Jose.

Many children visit the Children’s Dental Center for their routine checkups. We are grateful for the support of our dental partners, who also provide many other health services to children. The Children’s Dental Center is a community resource and provides a wide range of services to children, including dental care, mental health, and social services.

The Health Trust Board of Trustees 2009-2010

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The Health Trust Financial Overview

Statement of Financial Position

Assets:
Cash and cash equivalents $1,877,000
Receivables 8,115,000
Other assets 5,797,000
Total assets $25,810,000

Liabilities:
Grants payable 3,289,000
Institutional reserves 3,477,000
Total non-restricted liabilities 6,766,000
Investments 91,495,000
Total restricted liabilities 98,261,000
Total liabilities 105,027,000

Net Assets:
Unrestricted 599,000
Temporarily restricted permanently restricted 506,000
Net assets $1,071,000

Total contributed capital $13,311,000

Total Healthy Living expenditures $1,510,000
Healthy Living grant making 854,000
Healthy Aging Initiative 541,000
Healthy Aging grant making 533,000
Healthy Communities grant making 2,799,000
Healthy Families grant making 749,000
Other healthy initiatives 6,518,000

Total Raising for Initiatives $7,162,000

Contribution to the Community

Dollars raised for initiatives:
Healthy, Living Initiative $457,000
Healthy Aging $579,000
Healthy Communities $1,044,000
Healthy Families $1,281,000
Total raised for initiatives $3,367,000

Initiation expenditures
Healthy living programs and collaborations $969,000
Healthy aging programs and collaborations $1,095,000
Healthy communities programs and collaborations $1,084,000
Total initiation expenditures $2,148,000

Net Asset Growth ($ in Millions)
Investors Circle ($10,000 to $24,999) $1.5
Benefactors Circle ($50,000 to $99,999) $1.2
($100,000 and up) $2.3

This list is not available online and will not be updated. Please contact us to ensure the accuracy of this list. We are deeply grateful for your support of our work.

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Thank you for your continued support.

Fiscal Year ended June 30, 2010
Healthy Living

More than half of the children enrolled in eight-week or longer garden-based education reported increased fruit and vegetable consumption. In this past year of great successes and big impact, we have done exactly that. We helped over 300 older adults receive best-practice based physical activity programs, which are proven to sustain improved mental and physical health. We served as a core leader of the Aging Services Collaborative, connecting and converging over 100 leaders from the public, private and nonprofit sectors to advocate for the wellbeing of older adults including senior nutrition. Hundreds of unpaid caregivers participated in the Caregivers Count! conference, learning about supportive resources for people like themselves caring for an aging loved one. And in addition to all this work, we still continued to provide over 100,000 high quality hot meals to homestead individuals through our well loved Meals On Wheels program. As the older adult population grows, so does our impact. With all of the work we’ve done this past year to help older adults embrace more active, more healthy, more supported and more engaging ways of living.

Healthy Aging

Healthy Communities

Healthy Living

Healthy Aging

Healthy Communities

No one person should suffer from poor health because of where they live, their income or the color of their skin. Yet statistics tell us otherwise, even right here in Silicon Valley. Through our Healthy Communities initiative, we offer programs and advocate for policy changes to support better health outcomes for everyone in our community. In 2010 our programs alone led to big impacts, especially for people living with HIV/AIDS, chronic illnesses including diabetes, and low income families in need of basic health screenings and health insurance. Over 650 residents living with HIV/AIDS received needed services.Hundreds successfully completed a course to learn how to better manage a healthy lifestyle with a chronic illness like diabetes. Thousands of low income families learned how to enroll their children in health insurance and how to access preventive care.

On the public policy front we made major strides, sponsoring legislation to make it possible for older adults to GallonS to receive chronic disease self management classes. We partnered with renowned national experts to promote the care nationwide with a new online course. And we partnered with the Samaritan Health Trusts to expand our work to secure community water fluoridation for San Jose, an enormous undertaking with proven health benefits for the young and the old.

Healthy Aging

Healthy Communities

Healthy Living

Healthy Aging

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Healthy Aging

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