Our mission is to build better futures through the delivery of health care, education, and social services.

We embrace culturally diverse communities to provide them with the highest quality of care, regardless of ability to pay.
Dear Friends,

This has been a landmark year for Mary’s Center! The following expansion of services and initiatives was driven by our commitment to breaking down barriers and bridging critical gaps in care.

We opened a state-of-the-art 12,000-square-foot center with medical, dental and behavioral health services in Washington, DC’s Fort Totten neighborhood. These services are co-located and in partnership with Briya and Bridges Public Charter Schools. This unique partnership enabled Mary’s Center to introduce our “social change model,” which seamlessly integrates health, education and social support, to thousands of families in Northeast Washington. We also took over the management of the Hattie Holmes Senior Wellness Center in Ward 4 — our second senior center — where we serve 2,000 seniors through a very successful public-private partnership with the DC Office on Aging.

In June 2017, we inaugurated a Behavioral Health Center at our Adams Morgan location to expand mental health and wellness services in the District of Columbia. The expansion will help meet the ever-increasing demand for these services, especially among children. Another much-needed project launched this year was a new pharmacy at the Petworth site, providing affordable medications to our low-income participants. Now they can take their therapeutics as prescribed, resulting in better outcomes.

This year, we also introduced cutting-edge telebehavioral health and telemedicine initiatives to reach individuals who are medically and/or emotionally unable to access services at one of our medical locations. Lastly, we purchased a new medical office building in Montgomery County, where we look forward to serving over 12,000 Maryland residents with our full array of quality medical, dental, behavioral health and social services in 2018.

We know that you agree with us that affordable health care, educational opportunities and social support are essential for our community to realize its full potential. However, we know that thousands of our neighbors struggle to pay for critical healthcare and access job-training programs to help them climb the economic ladder. Fortunately, with your faithful support, Mary’s Center is always available to help. In fact, your generosity in 2016 allowed us to serve a record-breaking 41,000 participants and provide $5 million of free care for our most under-resourced participants.

As we approach our 30th anniversary in 2018, we are preparing for the looming funding cuts, as federal and local governments tighten their belts, at a time when our life-transforming programs are growing. Our staff and Board of Directors remain committed to maintaining all our current services and introducing new evidence-based programs, with the focus on our mission: building better futures through the delivery of healthcare, education and social services.

We hope that we have inspired you to continue to lend us your time, talent and treasure. We leave you with a few words from Martin Luther King, Jr., who in 1968 said: “Our world is a neighborhood…We are tied together in the single garment of destiny, caught in an inescapable network of mutuality. And whatever affects one directly affects all indirectly.”

For a more detailed report on our work, including a list of the generous donors who make it possible, please visit maryscenter.org/annualreport2016-2017.

Sincerely,

Nina Albert     Maria S. Gomez
Chair, Board of Directors  President and CEO
IN-HOUSE PHARMACY OPENS DOORS TO WELLNESS

Opened in September 2017, the pharmacy provides patients with an affordable and convenient way to get prescriptions filled before they leave the clinic, and improves the opportunity for medication compliance and better health.

TELEMEDICINE AND TELEBEHAVIORAL HEALTH INCREASE ACCESS TO CARE

The programs help participants who struggle to get to our centers due to difficulties with physical mobility, transportation or lack of childcare services, just to name a few. Medical and behavioral health providers deliver services using interactive audio, video, or other electronic media for diagnosis, consultation and treatment.

AWARDS

- **Honorable Mention, 2017 Advancement in Management (AIM) Award, from the Center for Nonprofit Advancement**
  For Mary’s Center’s outstanding achievement in organizational management.

- **Purple Wave Festival 2017 Latino Community Service Award, from the District of Columbia Recovery Advisory Council (DC RAC)**
  For our Addiction Specialist-Care Coordinator, Maria Paige, whose work helps community members overcome substance abuse, including opioid addiction.

- **Honorable Mention, 2017 Board Leadership Award, from the Center for Nonprofit Advancement**
  For our Board of Directors, in recognition of their role in building and sustaining a successful organization.

- **2017 Southeast Affiliate of the Year, from UnidosUS (formerly NCLR)**
  In recognition of our exemplary work in serving the community and advancing the mission of UnidosUS.

- **The Helen Rodriguez-Trias Health Award, from UnidosUS**
  For our commitment to promoting health equity and improving the health and well-being of Latinos, through our culturally relevant outreach, education and care coordination efforts.

- **Loving Support of Excellence Gold Award, from the US Department of Agriculture (USDA)**
  For the Mary’s Center’s WIC Program and its exemplary breastfeeding support and practices.

- **2017 Standing Up for DC Champion Award, from DC Appleseed**
  For our President and CEO, Maria Gomez, honoring her as an outstanding individual who has worked with many partner agencies to improve the city and the region.

For more highlights visit [maryscenter.org/annualreport2016-2017](http://maryscenter.org/annualreport2016-2017)
Stories of Impact

GETTING HER LIFE BACK

Opioid addiction took everything away from Frances (name changed) but Mary’s Center helped her get it back. In the early 1990s, Frances managed to break free from her heroin addiction, but after almost 20 years of sobriety, she injured her ankles and was given a prescription for Percocet to manage the pain. After a while, she started abusing the drug and drinking six to eight beers a day. Unable to work, she lost the home she owned and worst of all, her relationships with her friends and family deteriorated as she kept her distance from them in order to hide her addiction.

Fortunately, the DC Department of Behavioral Health referred her to Mary’s Center’s Medication-Assisted Treatment (MAT) program. Our multidisciplinary team gave her Suboxone, a medication that suppresses opioid withdrawal symptoms and helps reduce craving, as well as counseling and support, which helped her overcome her depression and feelings of loss. Her life is stable now and Frances feels that she is getting back on her feet. She has stopped using drugs and alcohol and attends Alcoholics Anonymous and Narcotics Anonymous meetings. Frances is also working as a hairstylist again and has reconnected with her daughter and grandchildren. In fact, she is the one who picks her grandkids up from school every day. Today, she is looking forward to finding a place of her own, and setting a positive example for the next generation, her children and grandchildren.

HIV NAVIGATION: GIVING HOPE

Awa (name changed) left her home country in West Africa and came to the United States seeking safety from an abusive partner who deliberately infected her with HIV to guarantee that she would never leave him. Pregnant and not knowing where to turn for help, she came to Mary’s Center, where our Infectious Disease Specialist and HIV Navigators worked together to help her access care and medication through DC’s AIDS Drug Assistance Program. One of the Navigators held her hand as she was delivering her baby, because she had no family. In addition to her beautiful, healthy baby, Awa received another gift that day. She found out that she had been allocated a one-bedroom apartment for two years by an organization Mary’s Center had linked her to. Today, Awa and her daughter are thriving. The baby is in the Early Childhood program offered by our education partner, Briya Public Charter School, while Awa takes English lessons in the classroom next door. Awa is hopeful about the future and plans to enroll in our Child Development Associate program so she can start a daycare business.

SERVICES AVAILABLE

- Medical Services for the entire family — including senior care
- Dental — including pediatric dentistry
- Pharmacy
- Behavioral Health
- Telemedicine and Telebehavioral Health
- Early Intervention for children with special needs
- Home Visiting
- Community Health Education
- Registered Dietitians
- WIC Program
- Social Services
- Education through our partners Briya and Bridges Public Charter Schools
In 2016, we served **41,004** unduplicated participants, which translates to **194,343** visits throughout ALL our PROGRAMS.

**GENDER**
- **63% Female**
- **37% Male**

**AGES**
- **17% Young Adults (13–24)**
- **7% Seniors (55+)**
- **44% Adults (25–54)**
- **32% Children (0–12)**

**RACE/ETHNICITY**
- **70% Hispanic/Latinx**
- **14% African American**
- **5% White**
- **10% Other***
- **1% Asian**

**INSURANCE STATUS**
- **51% Medicaid**
- **25% Uninsured**
- **14% Public Insurance (other than Medicaid)**
- **9% Private Insurance**
- **1% Medicare**

**Expecting Parents:** **2,315**

**Births:** **1,258**

**MEDICAL**
- Prenatal Care Entry —1st Trimester: 63%
- Healthy Birth Weight >5.5lbs: 94%
- Pap Smear in Last 3–5 Years: 72%
- Immunizations Current for 2 Year Olds: 79%
- Hypertension Control: 61%
- Diabetes Control: 58%
- Dental Sealants: 41%

**SOCIAL SUPPORT**
- Teen pregnancy avoided among Teen Program participants: 100%
- No cases of child abuse and neglect in Home Visiting program: 99%
- Home Visiting participants who attended their postpartum care appointment: 84%

**FAMILY LITERACY**
- Preschoolers met or exceeded Literacy Domain for their age: 95%
- Parents reported reading with their children after completing family literacy program: 89%
- Increased books in the home: 90%
- Participated in parent-teacher conferences: 96%
- Participated in civic activities in neighborhood, school and community or political advocacy work: 86%
- Obtained and/or retained employment or entered post-secondary education/career training: 87%
To achieve our mission and ensure our long-term sustainability, Mary’s Center is privileged to count on the support of individuals, foundations, corporations and government agencies who have been loyal to us throughout the last three decades. As we look to the future, Mary’s Center is committed to further diversifying its funding base by attracting increased corporate and individual investments.

**SOURCES OF FUNDING IN 2016 (TOTALING $46M)**

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Revenue</td>
<td>55%</td>
</tr>
<tr>
<td>Federal/Local/Foundation/Corporate Grants</td>
<td>26%</td>
</tr>
<tr>
<td>Contributions &amp; Fundraising</td>
<td>9%</td>
</tr>
<tr>
<td>Other Income (including Rental)</td>
<td>10%</td>
</tr>
</tbody>
</table>

Mary’s Center is proud to be recognized as a Four-Star Charity by Charity Navigator for our commitment to fiscal responsibility, accountability and transparency.

**LEAVE YOUR LEGACY**

With a planned gift to Mary’s Center, you can combine your desire to give to charity with your overall financial, tax and estate planning goals. By joining the Mary’s Center Legacy Society, you join a growing community of individuals looking to make a lasting difference in the lives of children and families across the region. Your planned gift will help families in need to reach their full potential — now and for years to come.

For more information about including Mary’s Center in your estate planning, contact Heather Morgan at hmorgan@maryscenter.org or visit maryscenter.org/legacy

**Thank you** to our founding Legacy Society members for their visionary support, advice and dedicated friendship.

Bill and Ruth Bletzinger  
Elizabeth Griffith Daniel  
Doug and Ashley Kollme  
Jim and Minna Nathanson  
Maxine Rapoport  
Michelle Teitelbaum  
Martin Zug

**FREE CARE**

Our generous donors made it possible for Mary’s Center to meet the medical, dental, behavioral health and educational needs of all our participants in 2016 — regardless of their ability to pay.

Because of your generosity, we were able to provide **over $5 million in free care** to 8,700 uninsured individuals in 31,037 healthcare visits. Thank you!

For more information about how your gift can make a difference, contact Daniel Rico at drico@maryscenter.org or visit maryscenter.org/donate

Mary’s Center looks forward to celebrating our **30th anniversary in 2018!**