Dear Friends,

First, we would like to thank all of our supporters, community and school partners, volunteers, and youth for making the 2018-19 school year such a success! Doc Wayne would not be where it is today without your enthusiasm and dedication. Thank you!

Doc Wayne alters the perception of a clinician by turning them into “coach”. Our offices are soccer fields, basketball courts, and local gyms. During the past year, our team worked with approximately 400 youth each week across 24 sites in Boston, Greater Boston, and MetroWest.

The demographics of our Doc Wayne youth reflect the diversity of our blended state and nation - youth of color, youth from different income levels, neighborhoods and regions, and youth with a variety of lived experiences. The majority of our students face challenges associated with mental health, chronic trauma, and domestic or community violence. The Doc Wayne team bands together to support all students as they grow into resilient and thoughtful leaders.

The goals for 2018-19 included:
1. Create and sustain more partnerships with schools and community organizations
2. Enroll more students in Doc Wayne’s Chalk Talk® group therapy program
3. Build and diversify revenue sources

Thanks to you, our team was able to achieve these goals! We partnered with more sites and supported more youth than ever before, we hosted our 1st Annual Gala – the most successful fundraising event to date, and we increased our donor base and strengthened donor communications. These tangible achievements stand second to the most notable accomplishment: the growth and resilience of our youth!

All of the highlights outlined in this Annual Report were made possible not only by our dedicated, hard-working team of coaches and staff, but also by an inspiring array of donors, partners, interns, ambassadors, and participants who help bring Doc Wayne’s mission to life!

On behalf of the youth and families we serve, thank you!

With Gratitude,

Team Doc Wayne
Doc Wayne’s mission is to fuse sport and therapy to heal and strengthen at-risk youth.
He has become more willing to participate in family activities and strives to continue to make positive connections within the family."

- Doc Wayne Parent

I talked to Doc Wayne about my students and their struggles, and they came back from group doing much better. I wish I could do Doc Wayne, too."

- School Partner

Doc Wayne is a place for our kids who don’t feel at home anywhere else in the building."

- School Principal

We appreciate all the work Doc Wayne does and are happy to support such a vibrant and mission-driven organization."

- Gala Sponsor

She absolutely loves it. Doc Wayne is the highlight of her week!"

- Doc Wayne Parent

Thank you for helping him improve his attitude towards school and home life."

- Doc Wayne Parent
Milly’s Story

My family was one of the first families served by Doc Wayne Youth Services at the Tierney Learning Center in South Boston when their partnership began approximately 5 1/2 years ago. Just before being introduced to Doc Wayne, my nieces came to live with me after enduring some difficult times. They were removed from their biological mother’s custody after witnessing and surviving abuse and neglect. Each of the girls presented with different strengths and needs, but largely there was a distrust of adults. They had difficulty talking through their thoughts, feelings, and needs. Despite a great deal of love for one another, we endured a number of very difficult years of growth and struggle to get to where we are today. I often say that Doc Wayne has been there since the beginning and never left our side.

When Doc Wayne entered Southie, clinicians were not welcome, by any account, due to the historic stigma surrounding mental health services and asking for help. But through the use of sport and by partnering with trusted community-based agencies, Doc Wayne gained traction.

In the summer of 2015, three of my girls began Doc Wayne’s Chalk Talk® sport-based group therapy program, as well as one-on-one individual therapy with a licensed clinician. At times the progress was slow because of their extreme distrust of adults, but they slowly began to flourish in their new settings. With Doc Wayne’s support, they have grown into confident and empathetic leaders who volunteer and give back to those who have experienced similar life circumstances. Over the years, Doc Wayne has stood by my family and me through every possible “bump in the road” - I never had to do it alone. Family means everything to me, and Doc Wayne has become our second family.
Jose’s Story

I have worked at the Tierney Learning Center in South Boston as a youth worker and program coordinator for almost 5 years. The Tierney Learning Center manages an after-school and summer learning program for the kids in the Old Colony housing developments, and we are proud to collaborate with Doc Wayne to provide support for our youth.

The kids I work with have big hearts, big personalities, and even bigger dreams. Most of our families have experienced trauma associated with heavy drug use, poverty, domestic violence, and abuse. Our children grow up as witnesses to and survivors of this type of hardship, which in turn, leads to the development of emotional, social, and behavioral challenges.

I can relate to the kids in several ways. I grew up in Guatemala with no running water, scarce availability of electricity, and no health care. It was certainly no "walk in the park." When I was young, there was an assassination attempt on my father, and I was shot and left paralyzed - handing my life an extra burden to deal with.

Dealing with a disability at such an early age made me grow up faster than expected. It left me with a lack of social interaction because I could not go anywhere - most of Guatemala was not wheelchair accessible. Not having a coping mechanism or a specialist to speak to was definitely hard. I say that in retrospect because now I believe in and see the power of mental health services and what they can provide - especially for a young kid in need of specialized care.

Because of my lived experiences, I cannot ignore a child in need. The kids in Southie are in dire need of support from organizations like Doc Wayne. Doc Wayne has caring individuals that believe in the same principles we all do in the field. Having their team at our site has helped youth develop positive, alternative methods of coping to use in their everyday lives - methods they did not have before Doc Wayne.
The accessible and innovative nature of Chalk Talk® has earned Doc Wayne several accolades, most recently including the 2019 CBH Innovation Award. Co-funded by the Blue Cross Blue Shield of Massachusetts Foundation, the C.F. Adams Charitable Trust, and the Massachusetts Association for Mental Health (MAMH), the CBH Innovation Award is awarded to a non-profit organization in recognition of its effort to fill an unmet need or gap in the children’s behavioral health care delivery system through the creation of an innovative program or practice.

Our team is especially proud of this award because it was voted upon by a room of children’s behavioral health specialists. Winning this award indicated professionals in the children’s healthcare field view Chalk Talk® as a viable, effective option for youth facing mental and behavioral health challenges.

In June 2019, Doc Wayne was one of 100 local nonprofits chosen from a total of 574 applicants to receive a grant of $100,000 through Cummings Foundation’s “$100K for 100” program. The $100K for 100 program supports nonprofits that are based in and primarily serve Middlesex, Essex, and Suffolk counties. Doc Wayne will use grant funds to support its Chalk Talk® group therapy program and strengthen internal systems.

With the conclusion of this grant cycle, Cummings Foundation has now awarded more than $260 million to Greater Boston nonprofits. Doc Wayne’s CEO, David Cohen, said, “We are grateful for the generosity of the Cummings family and foundation. Their commitment to helping communities across the region is admirable, and their generosity is helping organizations like Doc Wayne positively impact the lives of so many!”
Our 1st Annual Gala

On March 29th, 2019, Doc Wayne hosted its 1st Annual Gala at the Charter Oak Country Club in Hudson, MA. This was an exciting inaugural event for our team and the 200+ guests who attended because it was our most successful fundraising event to date! Attendees had the opportunity to hear the inspiring story of Beth Caronna - a former Doc Wayne participant and intern. Beth explained, “Doc Wayne was what helped me realize that sport is healing; it builds confidence and adds richness to life.”

In addition to highlighting Beth’s powerful journey, The Sudbury Foundation was honored and thanked for their continued support of our work. We are also grateful for The Devonshire Foundation, which matched donations made during the “Fund the Mission” portion of the event - helping us raise over $110,000 total! This money allowed our team to start 5 new groups and support more youth. Thank you to everyone who sponsored, attended, and supported this event!

“I am proof that Doc Wayne’s programming and commitment to helping others establishes healthy physical and mental lifestyles!”

- Beth Caronna
Youth Demographics

WHERE OUR YOUTH ARE FROM:

- BOSTON
- METROWEST
- GREATER BOSTON

HOW OUR YOUTH IDENTIFY:

- HISPANIC OR LATINX
- AFRICAN AMERICAN OR BLACK
- MULTIRACIAL
- WHITE

WHERE OUR YOUTH ARE SERVED:

- PUBLIC SCHOOL
- COMMUNITY CENTER
- RESIDENTIAL CENTER

N = 406 YOUTH
2019 Postseason Stats

24 different sites 1,750 sessions run

406 youth served 2,386 volunteer hours

Chalk Talk® participants from the 2018–2019 school year self-reported positive change in many key life skills including:

92% Action Orientation
83% Reflection
83% Critical Thinking
81% Perseverance
81% Learning Interest
FY19 Financials

**REVENUE**
$1,087,883
- Grants – $580,290
- Earned Income – $303,918
- Individuals/Events – $164,600
- Other (i.e. Contracts) – $39,075

**EXPENSES**
$1,080,692
- Program – $761,850
- Fundraising – $225,885
- General Ops/Admin – $92,957

Audited financial statements available upon request.
YOU HAVE THE POWER!

Please consider making a tax-deductible donation to help more students access our innovative programming.

Visit www.docwayne.org/donate/ to make a gift today!

You have the power to connect more youth to the support they need and deserve - Thank you!
THANK YOU to the Doc Wayne youth, families, donors, and partners who made the achievements outlined in this report possible. Together, we are reimagining therapy through the lens of sport and creating champions on and off the field. **THANK YOU** for believing in our mission!

Special shoutouts for making this Annual Report possible are dedicated to:

- Lauren Del Vacchio
- Joshua Duttweiler
- David Horton
- Nina Mitukiewicz
- Rebekah Roulier
- Michele Ruschhaupt
- Lia Triantafylidis
Annual Report 2019

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