Doc Wayne is an award-winning non-profit reimagining therapy through the lens of sport. We use an evidence-informed curriculum incorporating social-emotional learning and life skills. Here, clinicians are coaches. Our staff lead weekly sessions with students, ages 5-18, designed to support them as they process and persevere through adversity.

The Doc Wayne philosophy is taught through a program called Chalk Talk® that destigmatizes mental health. Our program is offered on a weekly basis in school systems and other youth-serving organizations. We believe that by supporting the Whole Child — on the field and off — we can develop more resilient learners and leaders.

Over time, as individuals and in teams, they learn to heal together, grow together, and win together.

We know the need in our community is great. With your support, our impact can be even greater.

CHALK TALK® AT A GLANCE:

• Weekly 45-60 minute group sessions
• Each group session serves approximately 8-12 students
• Groups meet on-site in the school’s gym or comparable space, typically during the school day or after school

"BECAUSE OF DOC WAYNE, I HAVE SEEN AN ENTIRE IMPROVEMENT IN EVERY PART OF HIS LIFE."

→ PARENT
DOC WAYNE IS PROUD TO HAVE RECEIVED THESE PRESTIGIOUS AWARDS, AMONG OTHERS:

- Beyond Sport Award Winner - “Sport for Health Award” (2016)
- Innovator of the Year - MA Providers’ Council (2014)
- Published in *Journal of Family Violence* - Innovation & Future Directions In Residential Treatment Of Traumatized Youth (2013)

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DOC WAYNE’S MISSION IS TO FUSE SPORT AND THERAPY TO HEAL AND STRENGTHEN AT-RISK YOUTH.
docwayne.org

OUR PROGRAM IS OFFERED AT
23 DIFFERENT SITES

IN 2018-19, WE LED MORE THAN
1,750 SPORT-BASED GROUP THERAPY SESSIONS

WE CURRENTLY SERVE OVER
400 STUDENTS EACH WEEK