

Mission Statement

To provide immediate physical, emotional and informational support to families experiencing pregnancy and infant loss and continue that support during the grief journey postpartum.

Strategy Paths

Provide labor and postpartum doula services at no cost to families

Stillbirth awareness and education

Create physical spaces for pregnancy loss support, resources and respite

Strategy Outcomes

Recruit and train 3 new doulas annually/Offer annual training for care providers

Provide continuing education for current doulas

Create hope and foster healing for families experiencing loss

Finance the cost of doula support, and operations by attracting donors, fundraising and grant- writing

Reduce the stillbirth rate by distributing awareness materials to professionals and community

Implement ways to measure success

Inform medical care providers of our service with literature and in-service presentations

Eliminate nurses' fears and misconceptions about doulas so they will see us an extension of their care

End the stigmatization of loss through support groups and community events

Secure a physical location to create a multi-faceted, holistic healing space for the bereaved

Values and Philosophy

All families experiencing the tragedy of pregnancy and infant loss deserve quality perinatal loss support and access to resources and options as it is associated with better emotional and physical postpartum outcomes. PBD offers free support through pregnancy and newborn loss.