



Chronic Joy® Annual Report 2022

For many, it seems there are more barriers and hurdles than ever before, and simple kindness is in short supply. We implemented a strategy of invitation, highlighting our comprehensive resources and making them easier to access and use.

Making a difference one precious life at a time.

In 2022, 100% of donations funded key community-building initiatives for adults, teens, and children, including:

- improved website accessibility - **100K+** page views (all time high)
- expanded our gifting of prayer shawls by adding them to our Kindness Boxes; the boxes now include a prayer shawl (made by and for those in our community), printed guides, flat cards, and prayers of encouragement — truly a touch of kindness to brighten any day. (63 boxes gifted)
- expanded our publishing scope to include studies, devotionals, and devotional memoirs as God breathed life into Chronic Joy Publishing.

YOUR GENEROSITY:

- is a vital investment in *You Get Mail!*, our primary program delivery method to those in our global community. More than **6500 #PenToPaper packets were delivered this year.**
- invited our community to reevaluate the importance of self-care in five key areas: body, community, mind, emotions, and soul.

The generosity of our one-time donors and of our recurring donors (from monthly heartfelt gifts of \$2 to \$125) speaks life, reminding us of your consistent belief in the mission and ministry of Chronic Joy.

I was going through a hard time and your envelope came in the mail. The words were a balm to my heart and spoke to me where I was at. Thank you for your ministry. It makes a difference.

(Lori L. - San Angelo, TX)

Visit chronic-joy.org for more resources.



CHRONIC JOY®
Ministering to those affected by:
Chronic Illness, Mental Illness,
Chronic Pain, & Disability

FINANCIAL • HIGHLIGHTS

TOTAL INCOME \$18,538*

TOTAL EXPENDITURE \$17,790

BREAKDOWN OF SPENDING

Program Delivery \$16,081
(postage all programs \$4,060)

Office/Administration \$ 1,709

Fundraising \$ 0

*Contributions \$16,360

*Product Sales \$ 2,179

IN-KIND SUPPORT/DISCOUNTS

- Microsoft website & database hosting valued at \$2,042
- Constant Contact \$135
- Co-Schedule \$144
- Flickr Pro \$72 (annual x 5yrs)
- Thrivent Action Teams – purchase print items \$1,000
- Thrivent Choice Dollars \$1311

From the beginning, we sought to steward every dollar well, so imagine our joy when (due to your generosity) we were finally able to purchase a machine to fold all of the guides included in every envelope, which has *delighted us more than you can imagine.*

2022 PROGRAM STATISTICS

40,000 email touches

6,000 #PenToPaper envelopes mailed globally (up from 4000)

5,164 text messages sent - filled with humor or prayer

185 prayer requests and 300 prayer touches

634 birthdays celebrated by mail (up from 350)

118 blog posts published

162 printables (5200 viewed or downloaded (up from 3300)

I offer prayers of thanksgiving for Pamela and Cindee for providing Chronic Joy. Their many tangible resources and personal examples have given me hope of still living a life of value and service in spite of having a chronic illness. Even though I am isolated from a physical church, the Chronic Joy ministry and missions have given me a community of faith that has truly brought me joy in Christ.

(Maggie H. - Charlotte, MI)

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